

# Experiences of Borderline Personality Disorder Diagnosis

## We want to hear your views



**We are developing a booklet to raise awareness about Borderline Personality Disorder diagnosis based on lived experience.**

We want to reflect the many different views and experiences there are. Some find it helpful and some reject the diagnosis. If you have this diagnosis, are in the process of being diagnosed, or have experiences that may attract this diagnosis, we want to hear what you think.

**Please fill in our anonymous questionnaire:**

**<https://www.surveymonkey.co.uk/r/experiencesofbpddiagnosis>**

by 31 December 2018. Paper copies available on request.



### **Who we are**

Much More Than a Label is a collective advocacy project, facilitated by CAPS Independent Advocacy, about the lived experience of attracting a personality disorder diagnosis. We work to promote the voice of people with this experience, to raise awareness and campaign for change.

If you would like to be involved with this work, please contact  
fingal@capsadvocacy.org      0131 273 5116

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Than A Label**

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