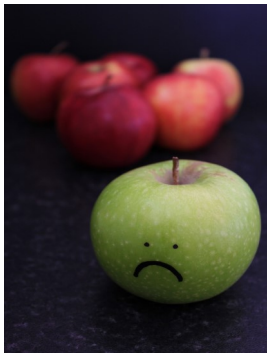




**Lothian Education And  
Recovery Network**

**Education As  
Advocacy**

# Understanding Eating Disorders: Seen But Not Heard



Learn about the many different eating disorder diagnoses from people who share their stories of living with these experiences.

We use film clips and interactive activities to explore causes, treatments and the physical and psychological effects of eating disorders.

We will address any fears and challenges you may have when it comes to helping someone with an eating disorder.

There will be plenty of time for questions and discussion.

This, as with all our sessions, is free of charge.

**Tue 21 May 2019. 13:00—17:00 hrs**

To find out more, get in touch:  
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