



Are you between  
5 and 18 years old?

Do you live in  
East Lothian or  
Midlothian?

Are you going to  
have a  
Children's Hearing?

Then you can  
have an  
**Advocacy Worker**  
at your Hearing



Call the Children and Young  
People's Advocacy Team:  
0131 273 5236



Email us:  
[ypadvocacy@capsadvocacy.org](mailto:ypadvocacy@capsadvocacy.org)



Our office:  
CAPS Independent Advocacy,  
Old Stables, Eskmills Park,  
Station Road, Musselburgh,  
EH21 7PQ



Find out more about CAPS  
Independent Advocacy:  
[www.capsadvocacy.org](http://www.capsadvocacy.org)

Are you having a  
Children's  
Hearing?

You can have an  
advocacy worker  
by your side



CAPS Independent Advocacy is a Scottish  
Charitable Incorporated Organisation. Scottish  
Charity number: SC021772.

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Advocacy is about **making your voice louder!**

It's YOUR Hearing and Advocacy can help you have YOUR say!



"[My advocacy worker] was always listening to me and she wouldn't do anything without telling me."  
*A young person*

"[Advocacy worker] voiced [child's] opinion independently... If they're not listened to, how do we know what they need and want out of their life?"  
*A carer*

### An Advocacy Worker can help you to:



Say how you feel and what you want



Ask questions and understand what is happening



Understand your rights

### We will:



Treat you kindly



Listen to you



Be on your side



Only do what you ask us to do

### How we work

We work in a way that suits you! We can meet you in person, chat on the phone or a video call, text you or message you on WhatsApp. We can also support you at your hearing.

### Referrals

We can take a referral from anyone – as long as they have your permission to contact us. You can also refer yourself if you want to.

Email us at [ypadvocacy@capsadvocacy.org](mailto:ypadvocacy@capsadvocacy.org)

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